



"NZSOPA BULLETIN"

February 2008

Welcome to the February 2008 edition of NZSOPA Bulletin and a special welcome to new members.

NZSOPA Executive

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Foot Science Sponsorship



For a wide range of product information and information for patients and medical professionals, visit:

www.formthotics.co.nz

<http://www.nzsopa.org.nz/>

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Advertising

Deadlines: **15th of Jan, Mar, May, July, Sept, Nov** for publication the following month.

See website for conditions and costs:

<http://www.nzsopa.org.nz/html/advertising.html>

NZSOPA Bulletin

The Bulletin is published 2-monthly, and is a summarized version of our website. For more details on the contents of the Bulletin visit our website:

<http://www.nzsopa.org.nz/>

*****NEW*****

Free Online to NZSOPA Members



<http://www.jospt.org/>

Login: <your email address>

Password: nzsopa2008

- Download Full-text articles
- Set up your profile to receive email notification of articles of special interest to you
- Search journal collections by article type, subject and download audio, video and document files

and MORE....

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RESEARCH REPORT

Effect of the Scapula Reposition Test on Shoulder Impingement Symptoms and Elevation Strength in Overhead Athletes

Tate A, McClure P, Kareha S, Irwin D

RESEARCH REPORT

Hip Strength and Hip and Knee Kinematics During Stair Descent in Females With and Without Patellofemoral Pain Syndrome

Bolgia L, Malone T, Umberger B, Uhl T

MUSCULOSKELETAL IMAGING

Slipped Capital Femoral Epiphysis in a Patient Referred to Physical Therapy for Knee Pain

Greene K, Ross D

And more.....

Upcoming Issue: March 2008

RESEARCH REPORT

Effect of Stabilization Training on Multifidus Muscle Cross-sectional Area Among Young Elite Cricketers With Low Back Pain

Hides J, Stanton W, McMahon S, Sims K, Richardson C.

RESEARCH REPORT

Injury Patterns in Elite Preprofessional Ballet Dancers and the Utility of Screening Programs to Identify Risk Characteristics

Gamboa J, Roberts L, Maring J, Fergus A

RESEARCH REPORT

Possible Factors Related to Functional Ankle Instability

Marcio J. Santos, Wen Liu

MUSCULOSKELETAL IMAGING

Trochlear Groove Spur in a Patient With Patellofemoral Pain

Souza R, Powers C.

And more.....



NZSOPA Membership Benefits

For a \$40 subscription, NZSOPA members currently receive:

- FREE Online access to JOSPT (value USD\$260)
- Funding Support for Conferences/Courses/Research (by application)
- 20% Discount on McGraw-Hill Publications
- Free Edition of the Quarterly APA "Sports Physio" Magazine
- Substantial discount, Advanced Notice and preferential placing on Educational Courses.
- Quality Sport-specific Educational Courses
- Access to website with clinical forums and relevant articles.
- A voice for Sports Physiotherapy in NZ.
- Bi-monthly NZSOPA Bulletin featuring Activity, Course and information updates.

New Members

See "New Users" section of the NZSOPA website for information on website content, and where to find information of interest to you.

http://www.nzsopa.org.nz/html/new_users.html

NZSOPA Education Fund

Need funding assistance to attend or present at a conference, attend a course, or conduct research relevant to Sports & Orthopaedic Physiotherapy?

Apply to:

NZSOPA Education Fund

Deadlines for Applications:

31st March 2008

31st August 2008

See Members only section of website for more details:

http://www.nzsopa.org.nz/html/members_only.html

McGraw-Hill Book Discount

**20% DISCOUNT on ALL
McGRAW-HILL BOOKS**

****NZSOPA Members only****

<http://www.mcgraw-hill.com.au/>

Click on "Professional" to "Medical" and then "Physical Therapy" titles.

(NZSOPA membership discount applies to ANY McGraw- Hill title not just Medical.)

APA Sports Physio Magazine

SPORTSPhysio

distributed quarterly to NZSOPA members

Sports specific clinical articles and relevant professional information for Sports Physios.

Themes for 2008:

- **March: The Ankle**
- **June: Olympic Edition**
- **Sept: The Young Athlete**
- **Dec: TCB**

SPORT TEAM POSITIONS



NZ FOOTBALL

Physiotherapy Positions



Physiotherapy positions available for:

- Men's U.15, U.17, and U.20 teams
- Women's U.15 and U.20 teams.

The U.17 and U.20 teams are building to their respective World Cups which are being held in Nigeria, Egypt and Chile.

See NZSOPA website www.nzsopa.org.nz for more details or contact Viv Sheldon with any queries

viv.sheldon@xtra.co.nz.

phone **021 2674770**

Applications close on **25 February** for the Mens U.20 position, and **3 March** 2008 for all others.



Netball Bay of Plenty

Physiotherapy Positions

Netball Bay of Plenty are looking for a physiotherapist to work with their age group and senior teams for 2008

Remuneration Package Available

Contact Sheryl Dawson sheryldawson@xtra.co.nz

or Hamish Ashton for further information hamish@physiotherapy.gen.nz





Executive Activities

- JOSPT and journal subscriptions
- Educational Courses
- Sports Physio Magazine – facilitating local content and contributions
- Advanced Practitioner Working Party submission
- Limited Prescribing Rights - submission
- ACC Overseas Treatment Submission
- Physiotherapy Specialisation Submission
- NZSOPA Website – development and maintenance
- NZSOPA Bulletin
- International Federation of Sports Physiotherapy representation

NZSOPA Website

Members Only Section

www.nzsopa.org.nz/html/members.html

Login: ****

Password: *****

- NZSOPA Forums
- Calendar of Events
- Committee Contacts
- Education Grant Application and Information
- Jobs/Classifieds
- Book Reviews and Order Forms
- Member Notices
- Resources/Articles
- Archives

Snippets

<http://www.nzsopa.org.nz/html/snippets.html>

Send us your 'snippets' of information to help@nzsopa.org.nz.

Currently on the website:

- Hepatitis B Risk
- Nutritional Intake of Overtrained Athletes May Be Insufficient
- A New Test for Detecting Subscapularis Muscle Tears
- Swollen ankles-recalcitrant paratendon effusion (achilles/patella etc.)-post total knee surgery effusion

Educational Courses 2008

www.nzsopa.org.nz/html/courses.html

Watch this site for information on 2008 Educational Courses.

NZSOPA members get preferential booking and substantial discounts on these courses.

Update your email address!!

Make sure you update you email address with the NZSP to continue receiving NZSOPA Bulletin and information.